

Event promoted for and on behalf of Cycling Time Trials  
under its Rules and Regulations



**Darlington CC Open 25 MILE TIME  
TRIAL (incorporating the “2024 RAF  
Time Trial Championships” \*)**



**VTTA (North ) qualifying event  
inc Road Bike category**

*(\* separately managed by RAF CA)*



**Sunday 7 April 2024**

**First rider off: 10:01**

**EVENT OFFICIALS**

Timekeeper: Geoff Watson  
Assistant Timekeeper : Mike Drake

Marshals, Event HQ – Members of DCC

**EVENT SECRETARY**

Malcolm Steer  
43, High Lands DL13 5AS  
Mobile: 07908 524659 (on day of event)  
Landline: 01388 718843 (prior to event day)  
email: malcolm.steer@redcentaur.com

**EVENT HEADQUARTERS**

Leeming Village Hall  
2 Prospect way, off Mill Lane, Leeming,  
North Yorkshire  
DL7 9SS  
Open from 9:00 am on event day

## **AWARDS**

In response to rising costs for staging cycle events (fuel, food etc) we are running our 2024 events programme without prizes. Instead we will try to make the Event as sociable as possible on the day, with free post race food and drinks. Any surplus funds will go towards rider development and supporting youth engagement. We hope you will support this move.

## **Course Records**

(male)– Harry Tanfield 47:08 (2020); (female) – Sophie Lankford 59:22 (2020)  
**Discription:**

**T254/1R: Start on A6055 at expansion joint at south end of bridge spanning railway, approx 0.13 miles north of Leeming Services roundabout. Ride south and go over first roundabout (Leeming Services) continuing through 2<sup>nd</sup> Roundabout (RAF Leeming/Gatenby) to encircle 3<sup>rd</sup> Roundabout (Sinderby – 6.6 miles). Retrace northwards back to 2<sup>nd</sup> roundabout (RAF Leeming/Gatenby) where straight over and continue to encircle 1<sup>st</sup> roundabout (Leeming Services – 12.8 miles) to ride south. Straight on at second roundabout (RAF Leeming/Gatenby) to encircle 3<sup>rd</sup> roundabout (Sinderby 19.0 miles). Retrace northwards to 2<sup>nd</sup> roundabout (RAF Leeming/Gatenby) where straight over to finish approx 0.3 miles south of Leeming Services roundabout at horse road sign (vs 2020).**

## **Headquarters**

On race day, the HQ will be open from 09:00.

You must sign in and out from the event - failure to do both will result in disqualification. Don't forget to return your number after you finished and please stay for tea/coffee/cake/food while we prepare the provisional results sheet.

## **Finding the HQ**

The HQ is at Leeming Village, not Leeming Bar. The nearest junction of the A1M is Junction 51. The Village is immediately adjacent (North West) of RAF Leeming on Roman Road. Mill Lane is directly opposite The Willow Tree Inn.

## **Parking**

Nobody should park in the village itself or directly outside the hall (except officials). This is an agreement we have with the trustees of the hall. Please respect this so we have continued use of this facility. Parking in the area is not difficult, particularly along the perimeter to the adjacent RAF Leeming Airfield – towards Londonderry. This is less than 0.5 miles from the HQ. Ideally ride or walk to the HQ please.

## **Directions from HQ to Start:**

- around 2.5 miles from HQ to start. Allow at least 20 mins.
- Exit village hall and at main road turn left in northwards direction along Roman Road
- In Leeming Bar village, at the Bedale/Northallerton road T-junction (Co-op on right) turn left towards Bedale, under the A1M flyover, and left past Leeming Services

- Having passed the Services on the left you will come to a small roundabout. Turn left onto the A6055 (caution – riders use this roundabout as a turn after lap one of the course so do not enter the roundabout if a rider is approaching from the right). Proceed north on the A6055 around 100m and the start is on the right carriageway mid way across the railway bridge).

### **Warming up**

Please do not warm up on the course once the event is in progress. The A6055 north of the start toward Catterick Marne Barracks is usable as is the link road to Bedale.

However the roundabout between can be busy. All use at your own risk. **If warming up using a SMART trainer please ensure you are well away from any residential property.**

### **Start line protocol**

Remember you must wear a **safety helmet** and have your bike equipped with a working **front and rear light** – you will not be permitted to start without this. *No rider should leave **any** garment with the start officials as we have had problems re-patriating these at every event + its a distraction. The officials will refuse to hold these and will not return them to the HQ.*

### **Directions from Finish to HQ:**

- **DO NOT attempt to U-turn within the vicinity of the finish, see Regulation 2 below!**
- After finishing continue on the A6055 in the northern direction to Leeming Services roundabout and exit first left (past the Services which will be on your left side)
- From this point retrace the route you took from HQ towards the start but in the opposite direction

### **Additional notes and local Regulations**

1. No 'Warming up' by competitors is not allowed on the course once the event has started. Please respect this and ensure your vehicle is not on, or on the verge, of any part of the A6055 that is used by competitors.
2. No "U" TURNS are allowed within sight of either the start or finishing points. Riders carrying out this dangerous manoeuvre are liable to disqualification from the event and further disciplinary action by the District Committee.
3. After you have finished, do not pass the start on your return to HQ while riders are still being set off. Use the route described above.
4. Marshals placed to direct competitors ONLY. They have no powers to stop/direct other road users.
5. All competitors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078.
6. The A6055 has a number of farm entrances within the boundary of the course and some slow moving farm vehicles may be encountered by riders. Do not take shelter, but also take great care if passing.
7. Parental Consent forms are required for riders under the age of 18  
All riders in this category must provide a completed and signed (original) Parental

consent form on race day before they will be allowed to sign on.  
<https://www.cyclingtimetrials.org.uk/documents/index/guardians>

Finally, thanks for entering and supporting the event,  
and have a safe, fast and enjoyable ride *DCC*

## **Road Bike Definition**

*The current definition used by the CTT will be utilised.*

**Extract from CTT rules below. 29. Road Bike Criteria  
( Regulation 14, 14I - Section: Competitors)**

*(a) The road bike can possess drop or straight handlebars; no tri-bars, clip-on bars or Spinaci bars are allowed; no disc wheels; both front & rear wheels must have at least 12 spokes each; the maximum rim depth allowed is 90mm.*

*(b) Helmets used in Road Bike category events must not cover the ears or have a tear drop/pointy style "tail", any helmet vents must not be covered or blocked. The helmet must not have been altered or had any element added or removed in terms of design or form but may be used as the manufacturer intended (e.g., sliding vents). It is prohibited to add a detachable cover to a helmet. The composition of the helmet material and its surface condition are not subject to any regulations. However, additions to the helmet are not allowed (cover, tape etc.).*

*N.B. For competitors riding Road Bikes, competitors must predominantly ride holding the drops or brake hoods. Riders may not ride in the "Puppy Paws" Position or simulate a Tri-Bar position by resting the forearms on the handlebars*